

To Enter, mail this completed form to:

Run for the Girls c/o Jim Pearl, Hands On Battle Creek, 34 W. Jackson St., Suite 4A, Battle Creek, MI 49017

Make checks payable to: Girls on the Run

One participant per entry form. This form may be reproduced.

Events Entering (one fee covers all events entered)

10K Run

5K Run

Entry Fees:

Early Registration received by 8/2/10 \$20.00 _____

Late Registration received on-site \$25.00 _____

Total Amount Enclosed \$ _____

First Name: _____

Last Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____

Date of Birth m/d/yy: ____/____/____ Age on 8/7/10 ____

Signature of participant (parent/guardian if under 18)

1st Annual



Cross Country Style Races

**Saturday
August 7, 2010
Leila Arboretum**

Race to benefit
the Girls on the
Run program in
Calhoun County.



Designed and printed by



Run for the Girls

c/o Jim Pearl

Hands On Battle Creek

34 W. Jackson St., Suite 4A

Battle Creek, MI 49017

Cross Country Style Races

**Saturday
August 7th
2010**

Leila Arboretum

*The Girls on the Run
program in Calhoun County
began with just 44 girls
in 2008.*

*In 2010, we had 239
participants. With your
help, the program will
continue to grow in 2011.*

Questions? Call 269-788-1130
or email jim@handsonbc.org



The Run for the Girls offers challenging and fun cross country style races through the beautiful hills of Leila Arboretum. You can look forward to a course that will have hay bales and some other unique obstacles to make this race one of the most interesting ones you will run this year.

Registration

- Early entry deadline: Monday, August 2, 2010
- On-site registration: Saturday August 7, 2010 from 7:00 am until 15 minutes prior to the start of the race. The registration tent will be located near the main entrance to Leila Arboretum.

Entry Fees

- Entry Fee Non Refundable
- Early entry fee \$20 (received by 8/2/10)
- Late entry fee \$25 (See on-site registration information above)
- No pre-registration fees accepted after 8/2/10.
- Entry fee includes a pair of Asics arm warmers and ice cream at the finish.

Races

- 10K "The Double Dip" 8:30 am
- 5K "The Single Dip" 10:00 am



At the Finish Line

- A clock will be located at the finish line and refreshments will follow the completion of each event.
- We are celebrating the simple joy of running in a beautiful setting , so awards won't be presented. Just think of the satisfaction you'll experience after completing our challenging course and supporting the Girls on the Run program in Calhoun County!

Travel Directions - Parking

- The Leila Arboretum is located at 928 W. Michigan Avenue approximately 1.5 miles from downtown Battle Creek. Parking is available at the Arboretum or at Northwestern Middle School at 176 Limit Street (located across the street from Kingman museum on the Arboretum grounds).